### 23rd ANNUAL TRAINING CAMP SCHEDULE

# Friday, March 28, 2025

6:00pm or Later		our stuff to your cabin re responsible for supervising you r night. Please eat before you arri	•
6:00 - 8:00 pm	Take luggage to cabins &	Explore the camp site	
6:30 - 7:30 pm	Pipeline slide open		
8:00 - 8:45 pm	Karate Training Wear dobok, shoes can be worn		at the Art Center
8:45 pm	Group Meeting (Mandatory!) If You have checked in at Camp Don't be late for this meeting! B	lack Belt & Staff Meeting followin	in Dining Hall g Group meeting
9:00 pm	Campfire and Smores by the Cab	ins	

Everyone in their cabin by Midnight!

### Saturday, March 29, 2025

7:00am	(optional)	Breathing Exercises - taught by SBN Davis Wear Dobok 7 am sharpbeing late is an interruption to this activity Parents are welcome to join in	at Canoe Dock
8:00am		Breakfast	
8:45am		Group Photo Wear Dobok	Parade Lawn behind Cafeteria
9:00am		Walk to the Rock Quarry Escrima Sticks	
10:30am		Break Water will be available at the Athletic Field	
11:00am	- 12:00pm	Ground Fighting - taught by SBN Christian Wear Dobok	at the Athletic Field
12:00pm		Lunch Put on Camp T-shirt!	

1:00pm - 5:30pm	Recreational Time, or Rest Time! Specific activity times may change as we get closer to camp			
1:00 pm-5:30 pm 1:00 pm-5:30 pm 1:00-3pm 3:30-5:30pm	Zip Line(Weight: Min 60lbs, Max 215lbs) Canoes Archery Rifles	At Athletic Field: 3:15pm Kickball Game (attending parents he Kids = 10yrs & under 4pm Adult Softball Game Adult = 11yrs & up Please bring equipment if you have it		
	Horseback Riding-1 hour trailride Must be 7 yrs old & older and weigh under 225lbs. Wear long pants & closed toe shoes **Horseback Riding must be purchased before camp - \$30** If purchased, you will be assigned a ride time: 1:00pm or 2:30pm. <b>Please go early, it is across the street</b>			
6:00pm	Dinner			
7:00pm	Outdoor Movies Night! Kid friendly movie will be shown outside for the entire family! Later some of the adul & teens will watch a "scary movie" The later movie is NOT recommended for We will provide popcorn & candy! Bring d	lts children.		
Everyone in their cabi	n by Midnight! Unless you are cleaning up afte	er the movies		

# Sunday, March 30, 2025

7:30am	(optional)	Early Morning Church Service SBN Davis	Weekley Chapel
8:00am		Breakfast	
8:45am - 9:	45am	Training & Camp Certificates Taught by SBN Davis & Christian Wear street clothes	at Parade Lawn

#### 10:00am Pack Up Belongings & Clean Out Cabins

Leave it Better than you Found It!

11:00am Cabins Empty

elp organize)